

# Study of the Ethanomedicinal Plants of Bhopal District of M.P. with Hepatoprotective activity

Ruqiya Majeed<sup>1</sup> and Aparna Alia<sup>2</sup>

<sup>1</sup>Govt. Degree College, Ganderbal, Jammu & Kashmir, India.

<sup>2</sup>Rajeev Gandhi College, Bhopal, Madhya Pradesh, India.

## INTRODUCTION

Ethnomedicine is a branch of biological science which deals with the medicinal use of plants based on ethnic knowledge. Harda is a district rich in forest wealth which was surveyed during 2011 – 12 and some plants used by the tribals for hepatoprotective activity were observed. Patel sapan (2009), have also did the same type of work of Baitul district of M.P. Juneja D., (2008), have also reported the ethnobotanical and ethnomedicinal plants of Harda district area. The present paper deals with the survey of such plant based on folklore information used in hepatic disorders.

## MATERIALS AND METHODS

Harda is newly formed district of M.P. lies at 22°20'30", north latitude and 77°5'30" east longitude at an average elevation of 933 M.S.L. Its climate is monsoonal and shows seasonal variations in temperature, atmospheric pressure, wind velocity, rainfall and relative humidity. The average of maximum and, minimum temperatures is 32.11°C and 20°C respectively. Average rainfall is 1852mm according to 2000 – 2001 censuses. Total population of Harda is 190398 approximately. The head quarter town of harda district situated in 22°21' north and 77°6' east. On the great Indian peninsula railway 416 miles from Bombay.

## EXPERIMENTAL BIOASSAY

### Plant material

Two plants were selected for Hepatoprotective activity according to folklore information to observe on albino rats. The details of the collection of the selected plants, their fresh and dry weight, ash content, %age yield is shown in the table. These plants are

- I) Sphaeranthus indicus
- II) Solanum nigrum

Sphaeranthus indicus: S. indicus of family Asteraceae is a common indigenous herb which grows plentifully in the northern and southern India in the fields of Narmada river bank of M.P. The whole plant was used of both plants for the study and was collected from villages of Harda district of M.P. the collected plant material was shade dried and powered to 40 – 60 mesh size.

Solanum nigrum: S. nigrum of family solanaceae is a very common weed found in cultivated and fallow fields as well as in the shady places of gardens. It is also found in services of walls and floors of ancient buildings. The whole plant was collected from villages of harda district of M.P. during rainy season and was dried in shade and was powered to 40 – 60 mesh size.

### Extraction of plant materials

The dried plant material of 40-60 mesh size were put in the soxhlet apparatus for soxhlation. The solvents used were n-Hexane, Petroleum ether and Ethanol. The extract was concentrated in vacuum rotary evaporated below 40°C.

S. no.	Name of plant	Parts used	Dry Wt. of plant material	Wt. of extract obtained	% yield of extract	Wt. of material before burning	% yield ash content
1.	Sphaeranthus indicus	Whole plant	205gm	7.22gm	3.52	5gm	40%
2.	Solanum nigrum	Whole plant	209gm	5.45gm	1.6	5gm	43.8%

**Protective effect of extract on Carbon tetrachloride induced different biochemical parameters in the serum of rats.**

Parameter	Group – I control with LP only	Group – II LP +CCL <sub>4</sub>	Group – III LP+CCL <sub>4</sub> +CF 50 mg/kg b.w.	Group – IV LP+CCL <sub>4</sub> +CF 100mg/kg b.w.	Group – V LP+CCL <sub>4</sub> +CF 200mg/kg b.w.	Silymerin 100mg/kg b.w.
Aspartate transaminase%	22.42±0.86	35.72±1.48	32.92±1.30	25.68±1.20	23.79±1.20*	24.64±1.28
Alanine transaminase%	25.12±1.54	63.20±2.98	56.20±2.68	40.28±2.14	29.98±2.16*	26.98±2.61
Alkaline phosphatase %	69.84±3.82	122.32±3.42	120.40±3.40	85.30±3.40	78.40±3.52*	75.08±3.14
Total protein (mg/100gm serum)	6.82±0.46	4.28±0.18	4.92±0.26	5.42±0.44	5.96±0.43*	6.14±0.40
Total lipid (mg/100g serum)	128.46±5.62	252.78±8.92	234.82±7.42	182.24±6.12	146.42±5.14*	138.24±5.22
Triglycerides	8.18±0.62	14.12±1.62	14.02±1.38	12.96±1.16	9.24±0.55*	9.02±0.52
Cholesterol (mg/100gm serum)	62.38±3.21	101.02±5.24	93.14±5.12	81.62±4.14	78.69±4.08*	63.21±4.12
Phospholipid (mg/100g serum)	119.30±6.84	250.32±12.08	214.22±10.08	156.28±8.02	140.24±8.32**	146.30±8.64

\*P<0.50 as compared to group - I

\*\*P<0.10 as compared to group – II (value are mean ± SE from 6 animals in each group)

The effect of plant extracts on different biochemical parameters in the serum of rats. The data presented in the table revealed the decrease level of serum transaminase in the animals treated with plant extracts. This may be due to the stabilization of plasma membrane and hepatoprotection against the effect of CCL<sub>4</sub> and decreased ALP concentration which evidences the normal functioning of the hepatic cells.

#### REFERENCES

- Kirtikar KR, Basu BD. Ocimum sanctum in Indian Medicinal studies on Triterpenes. Ph.D. Thesis, University of Madras Plants. Allahabad: Basu, LM., 1933; 3:1965. 1988.
- Nadkarni AK. Nadkarni's Indian Materia Medica. Bombay: Popular Book Depot, 1954: 868. 8.
- Singh TJ, Gupta PD, Khan SY, Misra KC. Preliminary pharmacological investigation of Ocimum sanctum. Ind J Pharmacy 1970;32:93-4.
- Dhawan BN, Patnaik GK, Kulshrestha DK, Sarin YK. Absence of hepatoprotective activity in Laqotis cashmiriana, an adulterant to Picrohiza kurroa. Ind J Pharmacy 1991;23:121-2.
- Balta SK, Santkumari G. The antifertility effect of Ocimum sanctum and Hibiscus rosasinensis. Ind J Med Res 1971;59:777-81.
- Reitman S, Frankel S. Colorimetric method for the determination of serum glutamic oxaloacetic and glutamic pyruvic transaminases. Am J Clin Pathol 1957;28:56-63.
- Wootton IDP. Microanalysis in medical biochemistry. London: J & A Churchill Ltd., 1974: 101.
- Bhargava KP, Singh N. Antistress activity of Ocimum sanctum Linn. Ind J Med Res 1981;73:443-51.
- Woodward GE, Fry EG. Determination of blood glutathione. J Biol Chem 1932;97:465.
- Handa SS, Sharma A, Chakraborty KK. Natural products and plants as liver protecting drugs. Fitoterapia 1986;47:307-45.
- Rajasekaran M. Antifertility and some pharmacological Vaishwanar I, Kowale CN. Effect of two ayurvedic drugs

- Shilajeet and Eclinol on changes in liver and serum lipids produced by carbontetrachloride. *Ind J Exp Biol* 1976;14:58-61.
12. Rai MK. Herbal medicines in India; retrospect and prospect. *Fitoterapia* 1994; 65 : 483-91.
  13. Schuppan D, Jia JD, Brinkhaus B, Hahn EG. Herbal products for liver diseases: a therapeutic challenge for the new millennium. *Hepatology* 1999; 30 : 1099-104.
  14. Sharma A, Chakraborti KK, Handa SS. Antihepatotoxic activity of some Indian herbal formulations as compared to silymarin. *Fitoterapia* 1991; 62 : 229-35.
  15. Subramonium A, Pushpangadan P. Development of phytomedicines for liver diseases. *Indian J Pharmacol* 1999; 31 : 166-75.
  16. Handa SS, Sharma A. Hepatoprotective activity of andrographolide from *Andrographis paniculata* against carbontetrachloride. *Indian J Med Res* 1990; 92 : 276-83.
  17. Dwivedi Y, Rastogi R, Chander R, Sharma SK, Kapoor NK, Garg NK, et al. Hepatoprotective activity of picroliv against carbon tetrachloride-induced liver damage in rats. *Indian J Med Res* 1990; 92 : 195-200.
  18. Thyagarajan SP, Subramanian S, Thirunalasundari T, Venkateswaran PS, Blumberg BS. Effect of *Phyllanthus amarus* on chronic carriers of hepatitis B virus. *Lancet* 1988; 2 : 764-6.
  19. Gadgoli C, Mishra SH. Antihepatotoxic activity of p-methoxy benzoic acid from *Capparis spinosa*. *J Ethnopharmacol* 1999; 66 : 187-92.
  20. Gupta AK, Sharma M. editors. *Reviews on Indian medicinal plants*, vol. 5. New Delhi: Indian Council of Medical Research; 2007.
  21. Ghosh MN. *Fundamentals of experimental pharmacology*, 3<sup>rd</sup> ed. Kolkata: Hilton & Company; 2005.